

# U.S. MARTIAL ARTS ACADEMY SCHEDULE

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Schedule

usmartialarts.biz

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>5:00pm-5:45pm</b> <b>TKD</b> <b>White-Blue</b> <b>Obstacle/Sparring</b> <b>CHILDREN</b>	<b>5:30pm-6:15pm</b> <b>White-Blue Belt</b> <b>TKD</b> <b>Obstacle/Sparring</b> <b>CHILDREN</b>	<b>5:00pm-5:45pm</b> <b>TKD</b> <b>ALL BELTS</b> <b>White-Blue</b> <b>CHIDLREN</b>	<b>5:30pm-6:15pm</b> <b>TKD</b> <b>White-Blue Belt</b> <b>CHILDREN</b>		
<b>High Belt</b> <b>6:00pm-6:50pm</b> <b>TKD</b> <b>FORM/sparring</b> <b>Blue advan and up</b>	<b>6:30pm-7:30pm</b> <b>KUM DO</b>	<b>High Belts</b> <b>6:00pm-6:50pm</b> <b>TKD</b> <b>FCMA/Heavy Uniform</b> <b>Blue advan and up</b>	<b>6:30pm-7:30pm</b> <b>KUM DO</b>		
<b>7:00pm-8:30pm</b> <b>Grappling</b>	<b>7:30-8:30</b> <b>ADULT TKD</b>	<b>7:00pm-8:30pm</b> <b>Grappling</b>	<b>7:30pm-8:30pm</b> <b>ADULT TKD</b>		